

## Swiss Netball Age Banding Rules

<b>Junior Competitions</b>	<b>Junior Age Banding Regulations</b>
<b>JCT</b>	<b>U11, U13, U15, U17</b>
<b>Match Play</b>	<b>U11, U13, U15, U17,</b>
<b>U15 JUNIOR LEAGUE</b>	<b>Any Athlete competing in an U15 competition MUST be over the age of 12 and under 15</b>  <b>U15 JUNIOR LEAGUE 2022/23 - Athletes born 2007, 2008 and 2009</b>
<b>U17 Swiss Trials</b>	<b>Any Athlete competing in an U17 competition MUST be over the age of 13 and under 17</b> <b>(on 31 December immediately prior to the event/competition)</b>
<b>Senior Competitions</b>	<b>Senior Age Banding Regulations</b>
<b>Peppermill</b>	<b>Minimum age 16 **</b>
<b>Match Play</b>	
<b>League</b>	
<b>U19/ U21 /Open Swiss Trials</b>	

Any Athlete competing in an Adult competition MUST be over the age of 16

Any Athlete competing in an U21 competition MUST be over the age of 16 and under 21

Any Athlete competing in an U17 competition MUST be over the age of 13 and under 17

Any Athlete competing in an U15 competition MUST be over the age of 12 and under 15

Any Athlete competing in an U13 competition MUST be over the age of 11 and under 13

Any Athlete competing in an U11 competition MUST be under 13

\*\* If a player has reached the minimum age to compete in Senior Competitions but is under the age of 16, the player's Head Coach has to determine that she demonstrates the physical, emotional, social and technical ability as well as maturity to compete in a Senior Competition.

**All ages are taken at 11.59pm on 31 December immediately prior to the planned start of the event/competition.**

