



NATIONAL SQUAD EXPECTATIONS 2021-22 SEASON

100% attendance

Reply to emails/WhatsApp in a timely manner and within deadlines - no exceptions

Give 100% at all times

Be punctual

Attend if injured. If ill and could pass it on, then notify team manager at first opportunity before the session

Participate in online sessions - if unable then apologies must be given as if it was an in-person training session - they are part of the programme

Fill in your weekly diaries and share in groups as requested

No jewellery

Nails short, hair tied back.

Wear appropriate kit at all times and with pride which includes arriving and leaving training. No club markings on kit

Come prepared – kit, refueling, medical and any strapping

Senior squad - be a role models to younger players

U17 be role models to the Avenir and players not in programme

Everyone to attend the C award theory course – 2 dates will be provided

Seniors - attend junior event(s) in kit as ambassadors of the sport and the squad as requested to make the sport more visible and attract sponsors

No bullying - we have a no tolerance stance (this includes outside of squad training)

Coaches will do their best at all times and select appropriately for any match/event to ensure Swiss Netball is seen on the world stage as a country with integrity and development