



Peppermill Challenge Tournament

Rules and Regulations

1. ORGANISATION AND ADMINISTRATION

- 1.1 The competition shall be known as the Swiss Netball Peppermill Challenge Tournament, hereafter referred to as "the Peppermill". The Swiss Netball Committee reserves the right to modify the Peppermill name as required, at any time, for marketing purposes and/or to reflect the name of a sponsor.
- 1.2 For the purposes of these rules and regulations and unless otherwise determined by Swiss Netball, the Peppermill shall be an annual event.
- 1.3 The competition and all rights and properties associated with it shall be owned, controlled and managed by Swiss Netball or through its nominee(s), which may delegate its powers and authority in this respect to any sub-committee or individual(s) - hereafter known as the Organising Committee.
- 1.4 The decisions of Swiss Netball, or its nominee(s), in respect of these rules and regulations and on any other matter related to the Peppermill which is not provided for below, shall be considered final and binding on all parties.
- 1.5 It is the responsibility of all Netball Club team managers, coaches, captains and officials to ensure that they, and all participants under their responsibility at the Peppermill, are conversant with these rules and regulations.
- 1.6 It is the responsibility of the Organising Committee and each team to provide adequate first aid cover for its players and officials.

2. QUALIFICATIONS AND ELIGIBILITY

- 2.1 Entry to the Peppermill is open to any Netball Club which is a Member of Swiss Netball and which is up-to-date in the payment of its annual membership fees. Membership fees are due by 31 January each year (Article 14 of the Swiss Netball Statutes). Any Netball Club owing money to Swiss Netball is ineligible to participate at the Peppermill until all monies owed have been paid in full.
- 2.2 Entry to the Peppermill will be determined by the Swiss Netball Committee, at its absolute discretion, subject to its reasonable application of the rules and regulations laid out herein and having due regard to the playing standard of teams which wish to participate. In the same way, any vacancies that may appear from time to time will be addressed by the Swiss Netball Committee in whatever way it sees fit.
- 2.3 Swiss Netball is entitled to charge an entry fee to the Peppermill.
- 2.4 By entering a team in the Peppermill, Netball Clubs/teams agree they will abide by these rules and regulations and they are able and willing to fulfil the costs and commitments of participation in the Peppermill.
- 2.5 If a Netball Club enters two or more teams, no player can play for more than one team.
- 2.6 Netball Clubs should be mindful that there is a minimum age of over 14 years old as at 31 December preceding the tournament. Team coaches must acknowledge that the tournament is contested predominantly between Senior Netball Clubs and take full responsibility for considering their duty of care when making their selection for matches if including any minors in their teams. Minors' year of birth must be entered on the team sheet.

- 2.7 Netball Club officials will be held responsible for the overall conduct (behaviour, demeanour and actions) of all members associated with the Netball Club, including players, associated officials, volunteers and spectators. Netball Clubs are responsible for ensuring that all of their players, associated officials, volunteers and spectators have all been made aware of and adhere to the Swiss Netball Codes of Conduct attached to these regulations.
- 2.8 Swiss Netball recommends that pregnant individuals (players, umpires, officials, team managers and coaches) should only participate with approval from their doctor. Players, umpires, officials, team managers and coaches participating in the Peppermill Challenge Tournament when pregnant will be deemed to have consented to any risks (including any risk of injury to the participant and/or the unborn child) that may arise from such participation. Aside from liability for death or personal injury resulting from negligence, the individual will also be deemed to have waived any and all claims, causes and rights of action against Swiss Netball, the Organising Committee, event organisers, players and match officials, whether at law or in equity, of whatever nature and in any jurisdiction or forum, that she may have as a result of such participation. Swiss Netball observes the World Netball pregnancy guidelines and strongly recommends that all pregnant participants take note of these guidelines and follow the advice provided.

<https://netball.sport/wp-content/uploads/2016/11/INF-Pregnancy-Guidelines-July-2014.pdf>

3. REGISTRATION OF SQUAD MEMBERS

- 3.1 Team registration sheets for each participating team must be duly completed providing the requested information on each player and then lodged with the Organising Committee prior to the commencement of the Peppermill. All required information must be provided at least 7 days before the event.
- 3.2 Netball Clubs may only register up to twelve (12) players per team entered. Their names must appear on the relevant team registration sheet.
- 3.2.1 Each registered player must be an Individual Member of Swiss Netball and must have paid the prescribed membership fee.
- 3.2.2 Any individual owing money to Swiss Netball is ineligible to participate at the Peppermill until all monies owed have been paid in full.
- 3.2.3 It shall be the responsibility of the participating Netball Club to ensure that each player on its Team Sheet is an individual member of Swiss Netball and as such, is registered as a member of the relevant Netball Club. If any player who participates in the event is not a member of Swiss Netball, the Netball Club will be fined a penalty fee of CHF 100.- payable within 7 days of the event. Proof of individual membership must be submitted to Swiss Netball within 7 days.
- 3.3 Netball Clubs may register up to 3 team officials per participating team. Only those team officials may sit on the official team bench during matches being played by that team.
- 3.4 Any additions/changes to the team registration sheets and/or bench officials submitted in advance must be logged with the Organising Committee and Competition Referee no later than half an hour prior to the start of the tournament. Additional registrations or alterations will not be accepted once the tournament has commenced.

4. STRUCTURE OF THE COMPETITION

- 4.1 The Peppermill will be contested between as many teams as shall be determined by Swiss Netball (see 2: Qualifications and Eligibility).
- 4.2 The Peppermill shall consist of placement matches, with the ranking of teams established on a point score basis, followed by two semi-finals and one final match.
- 4.3 Where there are five (5) or fewer teams playing in the Peppermill, placement matches will be played between all teams, i.e. each team will play each of the other teams.

- 4.4 Where there are six (6) or more teams playing in the Peppermill, a draw will take place in advance of the tournament to order the teams into a list. Each team will play placement matches against the two (2) teams listed above and the two (2) teams listed below it, i.e. a total of four (4) placement matches.
- 4.5 Teams will be awarded points for placement matches as follows:
- 5 points for a win
 - 3 points for a draw
 - 1 point for more than 50 per cent of the winners' score
 - 0 points for a loss
- 4.6 The Peppermill competition tables will be compiled on the basis of the points awarded to each team. Where two teams are level on points:
- Goal average (goals for divided by goals against) shall be used to determine their relative positions, i.e., the team with the higher average score over the course of the competition stage shall take precedence.
 - In the event that goal average does not differentiate between the teams, then goal difference shall be applied, i.e., precedence shall be given to the team with the greater difference between goals scored and goals conceded.
 - In the event that goal difference does not differentiate between the teams, then the result of the previous round match(es) between the two teams will be the decider.
 - In the event that the previous round match result does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence.
 - In the event that neither goal average nor goal difference nor the previous round match result nor goals scored can differentiate between the teams, the positioning on the competition tables will be decided using the extra time process between the teams concerned as outlined below (regulation 6.9) for Semi-Finals and Finals.
 - Where one of the teams has its goal average, goal difference or total number of goals scored affected by conceded fixtures, then all goals scored by and against conceding team(s) in all fixtures shall be omitted from the calculations of both teams level on points. For example, in the event that one team received 5 points for a conceded fixture, then the goals scored by and against both teams level on points, in all games against the offending team, will not be included when its goal average, goal difference or total number of goals is calculated.
- 4.7 Placement Matches: in the event of a tie the draw will stand.
- 4.8 Semi-finals will be played 1 v 4, 2 v 3 with winners progressing to the final.
- 4.9 Semi-finals and Finals procedure for extra time where a winner is required:
- 4.9.1 There shall be a two (2) minute interval at the end of full time. During this interval, substitutions and/or team changes may be made swiftly.
- 4.9.2 Extra time shall consist of two (2) halves of four (4) minutes each, changing over at half time without a break. Teams shall change ends at half-time. Substitutions will not be allowed at this point. The Centre Pass is taken by the team entitled to the next Centre Pass.
- 4.9.3 During extra time, normal injury or illness procedures shall apply (refer Rule 5.4).
- 4.9.4 In the event of a tie remaining at the end of extra time, a visual signal shall be used to indicate that play shall continue until one team has a two (2) goal advantage.

5. FIXTURE ARRANGEMENTS

- 5.1 Matches will be played wherever possible on a court with adequate surrounds and surface and with ancillary facilities for participants, including changing and showering facilities for teams and officials, unless otherwise agreed by Swiss Netball. (If this is not possible all officials and teams will be made aware before arrival.)
- 5.2 Swiss Netball is responsible for arranging the venue.
 - 5.2.1 It is the responsibility of the Swiss Netball Committee together with the Organising Committee to conduct a risk assessment for the tournament in advance.
 - 5.2.2 For all 'incidents' on or off the court, an Accident/Incident Report must be duly completed by the Organising Committee(s) using the Accident/Incident Report Form held at the Competition Referee's desk. A copy shall be provided to the Swiss Netball Committee along with the results sheet. This procedure will be followed for ALL injuries and accidents, regardless of whether or not medical treatment is given.
- 5.3 The Organising Committee(s) must provide the Order of Play for teams and the umpires with confirmation in writing of the date, (email is the preferred method), its start time, and travel directions (including post code) a minimum of ten (10) days prior to the date of the event.
- 5.4 Netball Clubs will be responsible for arranging their own travel, at their own expense, and should allow sufficient travelling time to cover any unexpected delays. All teams are advised to arrive at the event location 30 minutes prior to the agreed registration time.
- 5.5 Start of Play and Late Arrivals:
 - 5.5.1 Captains must toss for centre pass well before the start of each game and notify the umpires and scorers of the result.
 - 5.5.2 All teams must be on court, in position and ready to play, at the time and on the court as stated in the playing schedule.
 - 5.5.3 No team may start a game with less than five (5) players.
 - 5.5.4 Any team not on court as noted above will concede the match. 0 points will be awarded to the team conceding the match.
 - 5.5.5 In this instance the team waiting on court in position and ready to play at the correct time will be awarded a win (5 points) and a 5-0 victory result.
 - 5.5.6 The Umpires must record on the Score Card, the name and arrival time of the team who arrived late.
- 5.6 In the event that a match is abandoned for any reason, eg. due to serious injury, the result of that match will be determined by the Competition Referee with consideration for the score at the time play was suspended.

6. MATCH REGULATIONS

- 6.1 All matches shall be played to the World Netball Rules of the Game currently in force except where specific tournament regulations may apply.
- 6.2 Central timing will be used but matches will start and finish on the Umpire's whistle.
- 6.3 All matches will consist of two halves with a break at half time and change over times after matches. Timing will be determined by the Organising Committee and communicated in advance with the schedule.

- 6.4 In the event of time and venue constraints, the Organising Committee may adapt the match schedule and timings to fit the day.
- 6.5 Central timers will commence timing when the game is started by a hooter or similar device.
- 6.6 The central timers will signal the end of each half to the Umpire by a hooter or similar device.
- 6.7 An Umpire's whistle shall start and stop the game and signal the end of each half of the game.
- 6.8 Play will be stopped when instructed by the Umpire by signalling appropriately and blowing his/her whistle. To resume play, the Umpire shall blow the whistle.
- 6.9 A warning will be given before play is due to commence prior to the start of each match.
- 6.10 Substitutes and Teams Changes
 - 6.10.1 Play may be stopped if the Umpire deems it necessary, but ONLY injured or ill players may be substituted during a game owing to the short length of games. No other changes can be made at this time by either side.
 - 6.10.2 During half time, substitutions/team changes may be made by both teams providing they take place promptly.
 - 6.10.3 No extra time will be allowed for injury or illness.
 - 6.10.4 Should the First Aider or Umpire feel that a player's injury is critical i.e. head, neck or back and she will be better left on court for medical attention, the Officials should note the time lost during treatment and report to the Competition Referee who will adjudicate. Swiss Netball accepts most Netball injuries i.e. knee, ankle etc. fall outside this exemption clause.
- 6.11 Balls and Bibs
 - 6.11.1 Each team must provide a size five (5) netball, which must be clearly marked for identification purposes.
 - 6.11.2 All players must wear positional bibs and teams must have a spare set in a different colour in case of a clash of colours.
 - 6.11.3 In the event of a clash of colours, a toss of a coin between the two captains will decide which team retains their original colours.

7. MATCH OFFICIALS AND TECHNICAL OFFICIALS

- 7.1 Match Officials
 - 7.1.1 The match officials are the Umpires.
 - 7.1.2 Umpires who actively hold a Netball Europe C Award or above will be sought to officiate at the event. Two umpires for each game will be required.
 - 7.1.3 On entry to the competition, each team must identify from within their Netball Club or from another Netball Club or school, a named umpire per team entered holding at least a C Award. Swiss Netball Members are strongly encouraged to support each other with umpiring duties where there is a need. Swiss Netball strongly encourages Netball Clubs to use non-playing umpires where at all possible. If a Netball Club provides "playing umpires" then they must nominate at least 2 C-Award umpires to cover their Club umpiring duties during the placement matches. Umpire arrangements must be made in advance and noted on the Team Registration form.

- 7.1.4 The Organising Committee will assign umpires to all matches and will ensure that umpires of the highest available standard are assigned to the Semi-finals and Final match unless an umpire has a conflict of interest, in which case, the next next-best qualified umpire should be used. A conflict of interest may be disregarded when assigning umpires if a substitute umpire of the appropriate standard is not available. A conflict of interest shall for this purpose, be the following:
- (i) a family member (child, sister, or mother) of the umpire is a member of the team competing in the relevant match; or
 - (ii) the umpire is a member of or is an appointed coach for a Netball Club competing in the relevant match.
- 7.1.5 In the event that an umpire fails to arrive, or is injured or taken ill during a match, the following procedure will be applied: (i) if another umpire of the appropriate standard is available then she/he will umpire the match and (ii) failing that, the next best-qualified umpire should be used.

7.2 Technical Officials

- 7.2.1 Technical Officials are Timekeepers and Scorers.
- 7.2.2 Two scorers will be required for each match.
- 7.2.3 Scorers will be required for all matches and will stand together opposite the centre of the court.
- 7.2.4 Each team entered must provide a competent scorer.

8. **REGISTRATION OF RESULTS**

- 8.1 After each match, the Scorecard must be checked and signed by the scorers and both team's captains.
- 8.2 Once the official Scorecard has been signed no dispute can be logged.
- 8.3 If the final score is not in agreement then the process outlined in regulations 10.1-10.3 should be followed.

9. **COMPETITION REFEREE**

- 9.1 A Competition Referee will be appointed by Swiss Netball.
- 9.2 The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising during the day of the tournament including, but not limited to:
- Altering or amending the playing schedule as necessary.
 - Determining if teams and/or players are in breach of these Regulations and imposing an appropriate penalty (including disqualification of any individual or team).
 - Maintaining and being responsible for a confidential Competition Referee's Logbook (if appropriate).
 - Upholding the decision by any medical advisor, including but not limited to the host Netball Club and team first aiders, regarding the participation of a player.
 - Managing any cases of unsportsmanlike behaviour including instances of teams predetermining the outcome of a match.
 - Managing any matter not covered by the Regulations.
 - Consulting with additional people to assist with the tournament.

The final decision will lie with the Competition Referee.

- 9.3 If a player is suspended from a game or ordered to leave the court and take no further part in the game, that player and her coach/captain will be required to appear in front of the Competition Referee and a Swiss Netball Committee member immediately after the end of the match to file an incident report.
- 9.4 In the event of a player suspension, or if a player is ordered to leave the court and take no further part in the game, the Competition Referee and a Swiss Netball Committee member will ensure that the Player Suspension and Sending Off Report form annexed to these Regulations is completed by both umpires at the end of the competition.

10. COMPLAINTS PROCEDURE

- 10.1 On the day of the tournament, the following complaints should be directed to the Competition Referee in the first instance, which will be dealt with as follows:
- 10.1.1 Where the complaint relates to the competition format or management, including (but not limited to) the schedule, the opposing team, playing surface or other playing arrangements, a complaint must be lodged, before the start of the match (or as soon as possible after the issue becomes apparent during the match) to the Competition Referee by the relevant Team or Match Official. The complaint must be then acknowledged by the Competition Referee who will decide what action should be taken.
- 10.1.2 Where the complaint relates to the playing of a match, the scoring, and/or its result, the relevant Team or match official, must do the following:
- i. Inform the opponents and the umpires of their complaint;
 - ii. Mark the scorecard with the words "Under Protest";
 - iii. Take the marked score card to the Competition Referee, straight after the match;
 - iv. Explain the issue in full to the Competition Referee and the Competition Referee will decide what action should be taken.
- 10.2 Where the complaint relates to any of the matters described in regulation 10.2.2 which have not already been the subject of a decision under regulation 10.1, the complaint shall be dealt with as set out below.
- 10.2.1. A person may lodge a complaint concerning:
- i. a participant at the tournament (including a player, match official, technical official, coach, team official or Swiss Netball Committee);
 - ii. a supporter or other person attending the tournament;
 - iii. a team as a whole; or
 - iv. the governance or administration of the tournament.
- 10.2.2 The subject of the complaint may be one or more of the following:
- i. Breaches of the Code of Conduct including verbal or physical abuse, assault, threatening behaviour or harassment by a Member or a supporter;
 - ii. Standard of umpiring or timekeeping;
 - iii. Non-members playing a game;
 - iv. Breaches of Swiss Netball's Statutes; or
 - v. Any other conduct or incident which the Competition referee considers may be subject to a complaint.
- 10.2.3 A complaint may be lodged by making the complaint in writing to the Competition Referee within one hour after the event being complained about. In exceptional circumstances the Competition Referee may, in their absolute discretion, consider complaints received outside the one-hour period following the event being complained about.
- 10.2.4 The complaint must be then acknowledged by the Competition Referee who will decide what action, if any, should be taken.

- 10.3 The Competition Referee's decision in relation to decisions taken under regulation 10.1 or 10.2 is binding. Nevertheless, where a complaint lodged with the Competition Referee is not resolved to the satisfaction of either party, either party may appeal the decision to the Swiss Netball Committee by following the procedure below:
- 10.3.1 Making a complaint in writing to the Swiss Netball committee within 24 hours following the event being complained about; and
 - 10.3.2 Paying a fee of CHF 50.- (proof of payment will be required when the written complaint is lodged) which will be refunded to the complainant if the complaint is upheld.
- 10.4 Complaints received by Swiss Netball under this regulation 10 will be dealt with by the Swiss Netball Committee in accordance with the processes set out in the Swiss Netball Statutes.

11. MISCELLANEOUS PROVISIONS

- 11.1 All participants acknowledge that participating in the sport of netball involves a risk of personal injury. When taking part in the Peppermill, each player, team member, team official, other official or spectator, participates at her or his own risk and must hold personal accident, health and personal liability insurances. To the extent permitted by law, each participant waives any and all claims, causes and rights of action against Swiss Netball, the Organising Committee, event organisers, players and match officials of whatever nature and in any jurisdiction or forum that she may have as a result of such participation.
- 11.2 For the avoidance of any doubt, regulation 11.1 applies to pregnant participants (players, umpires, officials, team managers and coaches). Pregnant individuals should only participate with approval from their doctor. Swiss Netball observes the World Netball pregnancy guidelines and strongly recommends that all pregnant participants take note of these guidelines and follow the advice provided.
- 11.3 If any of these rules and regulations are held by any competent authority to be invalid or unenforceable, the remainder of the Regulations shall not be affected thereby.
- 11.4 These rules and regulations shall be governed by and interpreted in accordance with Swiss law.
- 11.5 Any questions regarding these rules and regulations can be addressed to: operations@swissnetball.ch
- 11.6 Swiss Netball reserves the right to amend these Regulations each year in advance of the Peppermill.





Code of Conduct for Swiss Netball Players

Representing your Netball Club/school at Swiss Netball competitions and tournaments is a privilege and requires a serious commitment to netball. You are expected to:

- Know and play by the rules.
- Participate fairly and safely.
- Be respectful to fellow players, coaches, officials, spectators and volunteers.
- Respect the decisions of umpires and coaches.
- Behave in a responsible manner relating to language, temper and punctuality.
- Wear appropriate kit.
- Inform your coach of any injury or medical condition which may affect your performance.
- Maintain a high standard of personal behaviour at all times and adhere to guidelines and rules applied to the events you attend.
- Represent Swiss Netball positively on social media and in other communications and not use social media or other communications to bring the game into disrepute or make an inappropriate comment about a fellow athlete, coach, official, volunteer or the governing body.
- Abide by the anti-doping rules in conformity with the World Anti-Doping Agency (WADA) code and not engage in practices that affect sporting performance (alcohol, tobacco and drug use). Please refer to the WADA prohibited list:

https://www.wada-ama.org/sites/default/files/resources/files/2021list_en.pdf



Code of Conduct for Swiss Netball Supporters

Swiss Netball welcomes and greatly appreciates the support of the parents, carers, families and friends who attend Swiss Netball competitions and tournaments.

Recognising that we all have a responsibility to uphold the highest standards of good sportsmanship in netball, and to positively support the players, coaches, officials and organisers, supporters are asked to observe this code of conduct. We ask that you:

- Lead by example and show respect for all players, coaches, umpires, administrators and spectators.
- Respect the decision of the coaches, including in match selection.
- Accept the officials' and umpires' decision without comment.
- Use appropriate language at all times.
- Support players to uphold the Code of Conduct for Players.
- Discourage criticism or ridiculing of any player's performance, both during and after the game.
- Respect the facilities and equipment.
- Do not use social media technology to bring the game into disrepute or make an inappropriate comment about a player, coach, official, volunteer or the governing bodies. Please also note that, in line with the Cool & Clean policy adopted by Swiss Netball, smoking is not permitted at training, competition or associated events.



Accident/Incident Report Form

This form should be completed for all accidents/incidents, whether or not medical treatment is given, and filed for future reference. This is not an insurance claim form. All participants in Swiss Netball activities are required to hold accident, medical and civil responsibility insurance in case of damage to themselves, others or property.

1. DETAILS OF PERSON INVOLVED	
Name:	Swiss Netball Individual Membership Number
Full address:	
Date of birth:	Telephone number(s):
Full details of injuries:	
Treatment received:	
Event & Venue details:	
2. ACCIDENT/INCIDENT	
Location within venue:	Date:
Description of accident/incident:	
<p><i>To support your description, you may wish to complete a diagram on a separate piece of paper.</i></p>	

3. DETAILS OF PROPERTY DAMAGE (if applicable)

Property owner's name:

Full address:

Telephone number(s):

Details of damage:

To support your description, you may wish to complete a diagram on a separate piece of paper.

4. WITNESSES (if available)

Name:

Full address:

Telephone number(s)

Name:

Full address:

Telephone number(s)

Name:

Full address:

Telephone number(s)

5. ANY ADDITIONAL COMMENTS

Signature:

Name:

Date:

Your Netball Role at this Event:



Player Suspension / Ordering Off Report (To be completed by the Umpires)
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Match Date			
Event			
Venue			
Match		vs	
Was the Player	Suspended / Ordered Off following Suspension / Ordered Off without Suspension <i>Circle/delete as appropriate</i>		
Period	1 / 2 / 3 / 4 <i>Circle/delete as appropriate</i>	Match Time at the time of Suspension/Ordering Off	
Team		Playing Position of Suspended/Ordered Off Player	
Player's Name			
Reason for the Suspension/Ordering Off			
			<i>Circle/delete as appropriate</i>
Had the player been cautioned/warned prior to this suspension/ordering off? <i>(Circle/delete as appropriate)</i>	a. by yourself		Yes / No
	b. by the other Umpire		Yes / No
	Did this suspension/ordering off result following communication with your co-umpire about this incident		Yes / No
Please write a short report outlining the nature of the incident (use a separate page if required)			
Controlling umpire	Name	Signature	Date
Non-controlling umpire	Name	Signature	Date
Through the completion and submission of this report, I consent that further action may be taken against the player noted above, pursuant to the Swiss Netball Code of Conduct.			