

Swiss Netball Age Banding Rules

Junior Competitions	Junior Age Banding Regulations
JCT	U11, U13, U15, U17
Match Play	U11, U13, U15, U17,
U15 JUNIOR LEAGUE	Any Athlete competing in an U15 competition MUST be over the age of 12 and under 15 U15 JUNIOR LEAGUE 2022/23 - Athletes born 2007, 2008 and 2009
U17 Swiss Trials	Any Athlete competing in an U17 competition MUST be over the age of 13 and under 17 (on 31 December immediately prior to the event/competition)
Senior Competitions	Senior Age Banding Regulations
Peppermill	Minimum age 16 **
Match Play	
League	
U19/ U21 /Open Swiss Trials	

Any Athlete competing in an Adult competition MUST be over the age of 16
 Any Athlete competing in an U21 competition MUST be over the age of 16 and under 21
 Any Athlete competing in an U17 competition MUST be over the age of 13 and under 17
 Any Athlete competing in an U15 competition MUST be over the age of 12 and under 15
 Any Athlete competing in an U13 competition MUST be over the age of 11 and under 13
 Any Athlete competing in an U11 competition MUST be under 11

** If a player has not reached the minimum age to compete in Senior Competitions, the player's Head Coach has to determine that she demonstrates the physical, emotional, social and technical ability as well as maturity to compete in a Senior Competition. A Waiver Form must be completed per player which can be obtained from admin@swissnetball.ch.

All ages are taken at 11.59pm on 31 December the calendar year prior to the planned start of the event/competition.

